

CONTACT INFORMATION

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Nanticoke Memorial Hospital
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Seaford, Delaware 19973



Learn more at
www.nanticoke.org/ortho



"This was the best experience I've ever had in a hospital. I'll be back for my other knee."

Steve Nagey,
Nanticoke Memorial Hospital Total Knee Replacement Patient



801 Middleford Rd • Seaford, DE 19973

NMH-3077-B (02/13)



EXPERT ORTHOPEDIC CARE
CHOOSE NANTICOKE.

Thinking About Joint Replacement?

Our Goal:
To restore your independence and quality of daily living while meeting your expectations and providing you with the best quality care possible.



THINKING ABOUT IT

Are you thinking about a total joint replacement?

With Orthopaedic & Rehabilitation Services at Nanticoke Memorial Hospital you will experience high quality care from the time you schedule surgery until months after you are discharged.

You will be cared for by highly trained and professional staff who genuinely care about your pain and your mobility.

Our goal is to restore your independence and quality of daily living while providing you with the best care possible. We have developed a plan of care that we believe is the key to ensuring a successful recovery. We will provide you with necessary information for a safe and successful surgical outcome.

Through collaboration of our team experts and our patients, we are able to measure results, improve interventions for better outcomes, and truly focus on the entire patient experience throughout your continuum of care.



CLINICAL MEASURES

ELECTIVE TOTAL JOINT REPLACEMENTS (01/01/2010-12/31/12)

- 0% Infection Rate
- 100% Early Mobility
- 95% DVT prophylaxis
- 85% Pain Control

JOINT CAMP

Joint Camp is a team approach involving the patient, their family members, surgeons, nurses, case manager, and physical and occupational therapists. The camp is structured using a four-day post-surgical schedule beginning the day of surgery.

Joint Camp provides:

- Education
- Positive Environment
- Therapy
- Group Activities
- Support
- Camaraderie

The camaraderie among patients and their families during group therapy promotes support for one another as well as becomes a motivational factor. Patients are up, dressed and in group therapy the first day post-operative. The constant therapy the patients receive is what makes the difference in their recovery time. Joint Camp is a very intense program based on the ability of patients to improve their own rehabilitation when they are put in a group setting. Group therapy promotes support for one another and becomes a motivational factor with “friendly competition.”

Our philosophy revolves around patient-centric care, beginning with a comprehensive educational program once you have been scheduled for surgery.

We offer a pre-operative class to all patients posted for total joint replacement surgery. This free class allows us to provide you with important educational information and walk you through the entire process of what to expect before, during, and after surgery. During this class, you will meet someone from our surgical team, a physical therapist, an occupational therapist, and a case manager.

A comprehensive notebook is provided for you to refer to once you leave the class. This notebook includes valuable information from pre- and post-surgery exercises to phone numbers of who to contact should you have questions.

LOCATION

Our orthopaedic unit is on the 5th floor of the hospital, offering large, private rooms decorated in warm Earth tone colors, with mini refrigerators, and private bathrooms with full tubs and showers. On the same floor, a unit based rehabilitation gym with a beautiful view of the Nanticoke River is utilized to get you back on your feet as soon as possible.

Within patient rooms are TVs with technology including relaxation videos, Netflix options, menu ordering, and educational topics.



NANTICOKE
MEMORIAL HOSPITAL
JOINT CAMP